Important advice on birth partners

Having a trusted birth partner present throughout labour is known to make a significant difference to the safety and well-being of women in childbirth. At times like this, when coronavirus is heightening anxiety, that reassurance is more important than ever. While we concur with decisions to restrict access to birth partners who have or are suspecting of having coronavirus in order to safeguard the health of the woman and the maternity staff supporting her, NHS Trusts and Boards should continue to follow guidance allowing birth partners access to the maternity suite. Localised restrictions on visitors may mean that partners are not able to attend routine antenatal appointments or stay with women on antenatal or postnatal wards. However, this should not impact on a birth partner’s presence during labour and the birth, unless they are unwell.

Maternity Update

Are you pregnant, know anyone that is? Have you given birth or know anyone that has during the COVID-19 outbreak?
The Royal College of Obstetricians and Gynecologists has put some information together for women and their families.

Click on the image above for more information:

Have you or anyone you know experienced any problems or had any issues whilst pregnant or during birth to do with restrictions because of the coronavirus?

Please feel free to contact us and let us know either by:
Telephone: 01635 866 210
Changes to Primary Dental Care services:

1. **Regular dentist appointments**
   
   All routine, non-urgent dental care including orthodontics should be stopped and deferred until advised otherwise.

2. **Urgent care**
   
   All practices should establish a remote urgent care service; independently, or in collaboration with others. This should provide telephone triage for their patients with urgent needs during usual working hours. Where possible, these services should provide:
   
   - Advice.
   - Analgesia.
   - Antimicrobial means where appropriate.

3. **Urgent care – more serious cases**
   
   If people’s conditions cannot be managed through the remote urgent care service, they will be referred to their Local Urgent Dental Care system.

Dental Information

New guidance from the NHS regarding changes to Primary Dental Care services in response to COVID-19.

Click on the image above to read the information in full

Remember its clap for #NHSandCarers again tonight at 8pm
SOMETHING FUN

A family from Kent uploaded a video of them singing a song from the stage show Les Mis, but they have replaced the normal lyrics with their own.

Have you done anything similar here in West Bekshire, or do you know of any groups that have done a group song or video. Let us know. Click the image to watch the video in full.

View this email in your browser